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Vaalpark Primêr / Primary

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Bundle Sport Athletics Mass Participation

Thursday 24 July 2025

Dear Parents

The pre-season for athletics are already nearing and we thought it well to do our Bundle Sport Mass Participation during this term, on Thursday, 24 July 2025, in school time.
This is to assist coaches and parents to identify athletes in the various items athletics has to offer. Furthermore, practises will be arranged, already starting during term 3. Rest assured that this will not interfere with the current sport codes of term 3.
This opportunity will provide preparation to participate at the Inter-House athletics during the 4th term, where we will already choose a school team to participate at upcoming events from term 4.

Vaalpark Primary School consistently delivers excellence by planning ahead and preparing in advance.
This pro-active approach reflects our commitment to creating meaningful opportunities for our learners to grow, develop, and work towards achieving their full potential in athletics.

Who will participate: <u>All</u> learners aged 10 to 13 years (next year) **current gr 3-6**
Dress code: casual clothes (suitable for athletics)

Requirements:
- Sunscreen lotion / cap for the sun
- Pocket money for the cafeteria / water
- Enough food for the morning
- Lots of energy and excitement for the day

Please keep in mind that all the learners must be at school, including the current Gr 7's. Gr 7's will have the opportunity to assist at all the items. It's a normal school day. ALL learners mentioned above must part take all the events.

(TAKE NOTE) The school will come out at normal times.

"Never let the fear of losing keep you from trying"

Yours Faithfully
Leon de Klerk
Head of Athletics

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Bondelsport Atletiek Massadeelname
Donderdag, 24 Julie 2025

Geagte Ouers

Die voor- seisoen vir atletiek is reeds om die draai en ons het dit goedgedink om ons *Bondelsport Massadeelname* reeds gedurende hierdie kwartaal, op **Donderdag, 24 Julie 2025**, gedurende skooltyd, aan te bied.
Dit is om afrigters en ouers die geleentheid te bied om atlete in die verskillende items wat atletiek bied, te identifiseer.
Oefeninge sal reeds gedurende die derde kwartaal begin. Wees gerus dat dit nie met die huidige sportkodes, van kwartaal 3 sal inmeng nie.
Hierdie geleentheid is ter voorbereiding vir deelname aan die Interhuis-atletiek, wat gedurende die 4de kwartaal sal plaasvind. Ons sal reeds 'n skoolspan kies, om aan komende byeenkomste wat vanaf kwartaal 4 plaasvind, deel te neem.
Vaalpark Primêr strewe na konsekwente uitnemendheid, deur vooruit en vroegtydige voorbereiding. Hierdie pro-aktiewe benadering weerspieël ons vasberadenheid om betekenisvolle geleenthede vir ons leerders om te groei te skep, te ontwikkel en hulle volle potensiaal in atletiek te bereik.

Wie moet deelneem: **Alle leerders wat volgende jaar onder die ouderdomsgroep van 10 tot 13 jaar val. (Huidige gr.3-6 leerders).**
Drag: Gemaklike oefenklere geskik vir atletiek
Benodigdhede:

- Sonbrandmiddel vir die warm son / hoed vir die son
- Sakgeld vir die kafeteria
- Genoeg eetgoed vir die dag
- Baie energie!!!

Alle leerlinge moet by die skool wees, insluitend die Gr 7's, dit is 'n normale skooldag. Gr 7's het die geleentheid om by die onderskeie items uit te help. Alle bogenoemde leerlinge is verplig om aan die Bondelsport deel te neem.

(NEEM KENNIS)Die skool sal normale tye, verdaag.

"Never let the fear of losing keep you from trying"

Byvoorbaat dankie
Leon de Klerk
Atletiekhoof